

# LIST OF TOPICS: Select Category(s), Choose Topic(s), Pick Question(s)



## Category 1: SOCIAL ISSUES

### Bullying

- Q Develop a strong powerful message encouraging your peers to STOP bullying others and stand up for those being bullied upon.
- Q Explain the impact bullying has on society and the individual being bullied.
- Q Explain the extent to which the youth in SXM are being bullied.
- Q How often do you witness bullying and what do you do if you observe it?
- Q If you have ever been bullied how did it affect you and what did you do to cope with it?



### Teenage Pregnancy

- Q Do you think teenage pregnancy is a problem in our community? Explain why or why not.
- Q How would getting pregnant or getting someone pregnant now affect you? How would your parents react?
- Q Develop a powerful message encouraging all teen moms and dads to be great parents
- Q Explain what forms of protection are available to avoid getting pregnant?

### Neglect/Loneliness/Belonging/ Depression

- Q Do you think many of your peers are struggling with neglect, loneliness, a lack of belonging, feeling depressed? If so why? Please give examples

### Relationships (GF/BF, Family, Friends, Colleagues/Peers/ Classmates)

- Q Why are good relations with family, friends, BF/GF important for a healthy lifestyle?
- Q How does having one parent affect you?
- Q How do you cope with breakups?
- Q What do you and your friends enjoy doing?
- Q Explain why you think good relations with your colleagues and classmates are important?

### Peer Pressure

- Q Can you explain/describe the types of peer pressure you face? Give examples...
- Q Give advice on how to overcome peer pressure
- Q How do you think some music and music videos influence you and/or your peers? Give examples

### Abuse (Physical, Mental, Verbal, and/or Sexual)

- Q Explain the four different types of abuse mentioned and give examples
- Q Develop a powerful message encouraging others to stop abuse and report it if they are being abused.

## Category 2: PUBLIC HEALTH ISSUES

### Nutrition/Eating Healthy & Exercise

- Q Share an idea for a healthy after school snack that is easy to make and inexpensive (Include list of ingredients and price it costs)
- Q Explain what eating healthy means to you?
- Q What challenges do you face when trying to eat healthy?
- Q Create motivational video encouraging your peers to get active and workout
- Q Create an instructional workout video



### Safe Sex/No Sex – HIV/AIDS/STIs

- Q If your partner said "let's not use a condom" how would you react/ what would be your response?
- Q Develop a powerful message encouraging others to promote abstinence and or safe sex
- Q Develop informational video about HIV & AIDs. Select one or more of the following topics. (Topics: getting tested and where to get tested, prevention measures/how to avoid getting it, how is HIV transmitted seeking treatment and counselling, and benefits of treatment )
- Q Describe 3 or more different STI's (How you get it, what it looks like, and the symptoms)
- Q What forms of protection are you aware of and can you describe the possible consequences of unsafe sex?

### Smoking, Drugs, & Alcohol

- Q Why do you think a lot of your peers are into smoking, drugs, and/or alcohol?
- Q Create a video encouraging your peers to avoid smoking, using drugs, and alcohol



### Environment

- Q Develop a strong message encouraging people to keep a clean surrounding by not littering, polluting, and being hygienic. The scent from waste can become hazardous to everyone's health.
- Q Develop an awareness message about Dengue and Chikungunja. What are the major differences and symptoms? How can you prevent it? How is it transmitted? And what treatment is available?



## Category 3: LABOUR ISSUES

### Unemployment

- Q Explain possible solutions Government can embark upon to get unemployed youth more pro-active in finding a job? How would you prefer to be approached?
- Q Why do you think some of the youth these days are unemployed?

### Employment

- Q Describe your future job and the skills you will need for it. Explain why you would like to work in that field
- Q How do you go about finding a job?

### Work behavior//Office etiquette

- Q What are some of the Do's and Don'ts not to do while at work?

